

- \$ Fill the refrigerator to capacity but don't overfill.
- \$ Keep the condenser coils clean
- \$ Defrost the freezer when the frost is about ¼ inch thick
- \$ Let foods cool to room temperature before placing them in the refrigerator or freezer.
- \$ Be sure the refrigerator and freezer are always firmly closed.
- \$ Don't keep the refrigerator door open longer than necessary.

## 72 WAYS TO SAVE ENERGY



- |                                                               |                                                                                                            |
|---------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| \$ Plan auto trips carefully around the most efficient routes | \$ Reduce excess loads in the automobile trunk                                                             |
| \$ Combine errands into one trip                              | \$ Buy energy efficient products                                                                           |
| \$ Don't let the engine idle for long periods of time         | \$ Tune up your car's engine..... it may save 50 gallons per year                                          |
| \$ Avoid automobile travel when possible                      | \$ Gasoline savings from operating a "compact" car rather than a "mid size" car can be over \$125 per year |
| \$ Bicycles are 28 times as energy efficient as cars          | \$ Properly inflated tires may save 75 gallons per year                                                    |
| \$ Form car pools                                             |                                                                                                            |
| \$ Rent economy cars when on business trips                   |                                                                                                            |



## Around the House

\$ Repair leaky hot water faucets immediately.

\$ Use warm, not hot water, in the clothes washer.

\$ Schedule washing, drying and ironing for early morning or evening.

\$ Take showers, not baths – it saves 5 gallons of water.

\$ Lower the thermostat two or three degrees extra in the winter when entertaining a large group of people.

\$ Unplug the instant-on TV when not in use for an extended period of time.

\$ Close off unheated attic and basement areas.

\$ Don't heat or cool unused rooms.

\$ Use fluorescent light bulbs instead of incandescent.

\$ Keep doors to the outside firmly shut.

\$ Keep furniture and rugs from blocking heating and cooling outlets.

\$ Don't block window air conditioning units with drapes or shades.

\$ Buy the most efficient air conditioning units for your needs.



\$ Select moderate/medium settings only on air conditioners.

\$ Place window air conditioners on the shady side of the house

\$ Use room air conditioners, not central air, to cool only the most active rooms in the house

\$ Don't run window fans when the air conditioner is on

\$ Close draperies and shades to reduce incoming heat on summer days

\$ Open draperies and shades on sunny winter days

\$ Draw window shades and drapes at night to reduce winter heat loss through the glass

\$ Seal spaces around attic stairway and pull down stairs

\$ Weatherstrip windows and doors.... it will cut fuel bills by 4%.

\$ Limit electric heater use to temporary spot heating

\$ Don't overload washing machines

\$ Use a cold water detergent

\$ Turn out the lights when leaving the room

\$ Lower the thermostat to 55 degrees when leaving the house for a day or more

\$ Set thermostat at 68 degrees during the day. Drop down 5 degrees at night and save 8% more fuel

\$ Keep fireplace damper shut when not in use

\$ Drain a pail of water monthly from domestic hot water tanks to insure efficiency

\$ Replace air filters on warm air systems at least once a month

\$ Avoid over heating the furnace

\$ Add a shield of metal or aluminum foil behind radiators to reflect heat into the room

\$ Install a humidifier to add moisture to the home in winter

\$ Black & white TVs operate on about 60% less power than color TVs

\$ One 100 watt bulb burning round the clock for one year adds \$28 to the electric bill

\$ A 40 watt fluorescent bulb gives more light than a 100 watt incandescent one – and it lasts 10 times longer

\$ Broil foods rather than fry or bake.

\$ Bake and roast more than one item at a time.

\$ Match the correct pot size to the size of the burner.

\$ Eat by candlelight for a little romance.

\$ Thaw frozen foods before cooking.

\$ Turn off the roast 30 minutes before serving time.....it can cook on retained heat.

\$ Use a kettle instead of a pan to heat water.

\$ Be sure the range is turned off after use.

\$ Don't use the oven to quickly heat the kitchen.

\$ Use aluminum pans with flat bottoms and straight sides.

\$ Use smaller cooking appliances instead of the range when possible.

\$ Use the oven more often than the surface units.

\$ Use the dishwasher only once a day at full load capacity.

\$ Set the refrigerator at 30 to 32 degrees.

\$ Set the freezer at 0 to 10 degrees.

\$ Close the refrigerator door on a dollar bill. If it slides

out easily, you need a new gasket.

## In The Kitchen



\$ Don't "oven peep" – you lose 25 degrees.